



NEWS RELEASE
FOR IMMEDIATE RELEASE

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October is World Blindness Month

October 6, 2008, St. Louis, MO-Clarkson Eyecare works to preserve sight in honor of World Blindness Month in October.

More than two-thirds of visually impaired adults in the United States are over 65 years of age. Nearly 20.5 million Americans age 65 and older are afflicted with cataracts, the leading cause of blindness in the United States. Malnutrition and disease are also leading causes of blindness. The prevalence of blindness increases rapidly in later years, particularly after age 75. The number of Americans with age-related eye disease is expected to double within the next three decades unless something is done about it.

In a 6-year study, researchers, led by John Paul SanGiovanni of the National Eye Institute, Maryland found that Lutein and zeaxanthin (nutrients in eggs, spinach and other green vegetables) protect against blindness (macular degeneration), affecting 1.2 million Americans. This diet change along with regular yearly eye exams will help in possibly preventing the loss of vision all together.

Clarkson Eyecare uses the latest in technology with knowledgeable doctors to perform comprehensive medical and vision exams. Early detection may not prevent blindness altogether, but in depth medical tests may determine the exact condition of the eyes.

Founded in 1979 by Dr. Lawrence Jehling, Clarkson Eyecare currently offers comprehensive medical eye care services at 38 metro St. Louis locations: 79 Crossing-St. Peters, 141 and Olive, Arnold, Ballwin, Brentwood, Chesterfield, Chesterfield Valley, Creve Coeur, Ellisville, Eureka, Fenton, Festus, Florissant Dunn Rd., Florissant Hwy 67, Harvester, High Ridge, House Springs, Kirkwood, Maplewood, Mid Rivers, O'Fallon-North, O'Fallon-South, Pacific, Rock Hill, South County, Town & Country, Troy, Union, Warrenton, Washington, Webster Groves, Wentzville, Wildwood, MO, Belleville, Columbia, Edwardsville, Fairview Heights and Shiloh, IL, and LASIK Surgery Center in Chesterfield Valley and Fairview Heights. Go to www.ClarksonEyecare.com or call 888-EYECARE for more information.

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